

## Permission To Dream

If you were constantly told your life would not amount to anything and that you weren't "good enough," chances are you would begin to believe it. Consequently, life would spiral out of control and you would not have the faith needed to get back on the right track. This has been the fate of many incarcerated women across the world. Stripped of pride, dignity and self-esteem, and robbed of hope and dreams, these women have been imprisoned- both physically and mentally. Life no longer has to remain that way. Today they have Permission to Dream!

Permission to Dream is the second book in the Voices of Consequences Enrichment Series, created to empower incarcerated women to heal, recognize their potential and recapture their dreams. After the groundwork of healing is laid in Volume One, Unlocking the Prison Doors, this volume follows inspiring women to discover their purpose in life and pursue their dreams.

In a candid voice that readers are sure to relate to and understand, author Jamila T. Davis, herself an inmate, skillfully shares the necessary formulas women can utilize to recapture their dreams and overcome the stigma of being an ex-felon. Davis reveals universal laws and proven strategies that successful people apply in their everyday lives. These lessons, along with proven self-help techniques, enable readers to quickly identify and destroy bad habits and criminal thinking patterns, erasing the defilements of their past.

Step-by-step this book empowers readers to recognize their talents and special skill-sets, propelling them to tap into the power of "self" and discover their true potential. Through illuminating real-life examples of others who have turned their lives around and succeeded after imprisonment, along with the strategies disclosed in this book, the morale and self-esteem of readers are sure to increase! Regaining hope and discovering purpose, readers will be prepared to successfully gain employment upon their release from prison.

By the end of this journey, with their heads held high, these women will have the courage and tenacity to take hold of their dreams and become their very best!

- "As an inmate at Danbury Federal Prison Camp I was blessed with a copy of *Permission to Dream*. This book challenged me to look within and re-evaluate what's significant in my life. It gave me hope and expectancy. I learned through God's love, hard work and resilience, I can put my life back on track, even as an ex-felon."

  —Vanee Sykes, Danbury Federal Prison Camp
- "Permission to Dream gave me an entirely new approach to thinking about achieving success. It has directed me to embrace my true identity, empowered me to love abundantly, and it has educated me to honor my own self-worth. I am now ready to achieve greatness!"
- -Loretta Fields, Danbury Federal Prison Camp

